

# RSE

Year group: 4

Term: Summer

## Keeping safe

Medicines and household products;  
drugs common to everyday life

## Prior knowledge

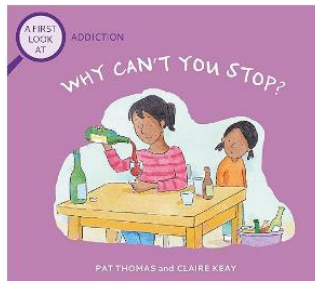
- how to identify typical hazards at home and in school
- how to predict, assess and manage risk in everyday situations e.g. crossing the road, running in the playground, in the kitchen
- about fire safety at home including the need for smoke alarms
- the importance of following safety rules from parents and other adults
- how to help keep themselves safe in the local environment or unfamiliar places, including road, rail, water and firework safety

## National Curriculum Objectives

### By the end of primary school:

Pupils should know

- where to get advice e.g. family, school and/or other sources.
- how to ask for advice or help for themselves or others, and to keep trying until they are heard.
- how to report concerns or abuse, and the vocabulary and confidence needed to do so.



## Topic overview

Stay safe and be kind. Even on your bad days, be kind. Not only to others, but to yourself.

## By the end of this unit, I will be able to:

- the importance of taking medicines correctly and using household products safely
- to recognise what is meant by a 'drug'
- that drugs common to everyday life (e.g. cigarettes, e-cigarettes/vaping, alcohol and medicines) can affect health and wellbeing
- to identify some of the effects related to different drugs and that all drugs, including medicines, may have side effects
- to identify some of the risks associated with drugs common to everyday life
- that for some people using drugs can become a habit which is difficult to break
- how to ask for help or advice

### An Elephant in the Living Room

The Children's Book  
Jill M. Hastings, M.S.  
Marissa H. Topps, Ph.D.



## Key vocabulary

Medicines, drug, cigarettes, habit, e-cigarettes, vaping